

Fitness Business and Presentations Media Package

Image



Presentation Available for Booking

These presentations are available as a

- Webinar presentations
- Live presentations
- Powerpoint presentations
- These are also available as a 1-2 hour workshop

7 Steps How To Producing Your Own Fitness Product

Are you are fed up with working 24/7, 365 days a year and physically not being able to be in a hundred places at once to earn the money that you deserve. Have you invested time, money and effort into other people products and possibly right now you are still waiting for the ££ to return. Are you feeling tired, fatigued, uninspired and wishing there was an easier and more stable way to make money?

Have you ever watched or done someone else's fitness course, DVD etc and thought I can do that?! Well I'm here to help you grow your fitness product empire so you don't have to rely purely on classes and PT sessions. These 7 steps take you through the essentials of creating your own fitness product. There's no need to spend £1000's, take lots of new courses or feel scared of technology. I'm going to teach you how to embrace the knowledge you already have and how to tackle the process of developing your own product.

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